



*“These videos
come at the
perfect time
everyday!
Thank you!”*

- A. Pembroke

INTRODUCING **My.IdealProtein.com**

Your Online Resource for Weight Loss Success

It's no secret that one of the biggest challenges facing dieters is having the support, tools, and advice required to succeed.

The good news is that your **My.IdealProtein.com** online portal was designed to support you throughout your weight loss journey and provides the knowledge needed to maintain results.

Whether you are starting Phase 1, or enjoying the freedom of Phase 4, the **My.IdealProtein.com** portal is the perfect compliment to your weekly coaching sessions.

Changing your lifestyle is the only path to a healthier quality of life and it all starts with your personal **My.IdealProtein.com** portal.



MyIdealProtein INCLUDES:



VIDEOS

Expand your knowledge with daily coaching videos.



TOOLS

Understand the science of weight loss and empower yourself with our online tools.



COMMUNITY

Share your experience, overcome challenges and get inspired.

GETTING STARTED:

1. Your clinic will register you with the MyIdealProtein portal. You will receive an email containing your activation link;
2. Click on the link and activate your account;
3. Start taking advantage of daily coaching videos right away!

