

# IDEAL PROTEIN FOODS\*



## DRINKS

Blueberry, Cranberry, Pomegranate	Cappuccino	Chocolate <sup>1</sup>	Orange	Peach Mango <sup>1</sup>	Piña Colada	Pineapple Banana	Vanilla
Wildberry Yogurt <sup>1</sup>	Cappuccino Pre-Made	Chocolate Pre-Made	Mango Smoothie RTD	Strawberry Banana RTD	Vanilla Pre-Made	Mangosteen Powdered Water Enhancer	

## BREAKFAST

Cereal Flakes	Crispy Cereal <sup>1</sup>	Herb & Cheese Omelet <sup>1</sup>	Maple Oatmeal	Pancake	Plain Omelet

## LUNCH

Broccoli Cheese Soup <sup>1</sup>	Chicken Ala King Pottage	Chicken Flavored Patty	Chicken Soup	Chicken Noodle Soup <sup>1</sup>	Leek Soup	Mushroom Soup	Potato Puree
Tomato Basil Rotini	Tomato Basil Soup	Rotini	Vegetable Chili	Beef Stroganoff	Chicken Breast Dijonnaise		

## PUDDINGS

Banana Pudding	Butterscotch Pudding	Dark Chocolate Pudding	Lemon Pudding	Milk Chocolate Pudding	Vanilla Pudding	Raspberry Gelatin	UHT Chocolate Pudding

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## BARS & WAFERS



Caramel Nut    Caramel Vanilla    Chocolate Mint    Cookie Dough Swirl    Cookies and Cream    Cranberry Pomegranate    Lemon Poppyseed



Peanut Butter Chocolate    Peanut Butter Crunch    Raspberry Chocolate    Vanilla Peanut    Lemon Wafers    Orange Wafers    Strawberry Wafers

## SAVORY/SWEET SNACKS



BBQ Crisps    BBQ Ridges    Dill Pickle Zippers    Garlic Herb Crisps    Salt & Vinegar Crisps    Salt & Vinegar Ridges    Southwest Cheese Curls



White Cheddar Ridges    Apple Cinnamon Puffs    Chocolate Puffs    Double Chocolate Brownie    Raspberry Chocolatey Bar

## SUPPLEMENTS & OTHER PRODUCTS



Anti-Oxy    Calcium-Magnesium    Digestive Enzymes    Flora Health Probiotic    Multi-Vitamin    Omega 3 Plus    Potassium Citrate



Ideal Salt    Sea Salt    My Ideal Recipes    Taste the Freedom (Phase 4 Recipes)    Because It's Your Life    Blender Ball Shaker    Ideal Protein Bag

*\*Every effort is made to keep this document updated, but products may be discontinued or new products may be released at any time without notice. For a look at the most current selection of available items, visit your local Ideal Protein clinic or go to [www.idealprotein.com](http://www.idealprotein.com). †These are the only Ideal Protein foods labeled for individual sale – all others must be purchased by the box only.*